HARVARD MEDICAL SCHOOL VANDERBILT HALL ATHLETIC FACILITY

Athletic Facility 107 Avenue Louis Pasteur Boston, MA 02115



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ATHLETIC FACILITY RULES

General Rules

- 1. Be courteous and respectful at all times. Harassing and threatening behavior will result in suspension of Athletic Facility privileges.
- 2. Room reservations must be approved by the Athletic Director.
- 3. Only water and sports drinks in sealable, non-breakable containers are allowed in the facility. Food is not allowed.
- 4. All fitness instruction, including personal training and group exercise, must be conducted by an approved instructor.
- 5. Know where the nearest emergency exit, automatic external defibrillator, and phone are located.
- 6. For safety reasons, please do not exercise alone.
- 7. All guests must read and sign the Vanderbilt Hall Athletic Facility Terms of Use before using the facility. You are responsible for the behavior of your guests.
- 8. Clean athletic clothing and non-marking athletic shoes are required while using the equipment.
- 9. All photography and filming must be pre-approved by the Athletic Facility staff.
- 10. All users must obey posted room-specific rules, as well as the General Rules of the facility.
- 11. All users must obey the recorded instructions when a fire alarm sounds.
- 12. The Athletic Director has the authority to dismiss anyone from the Athletic Facility at any time.
- 13. Headphones and earbuds must be used if using personal audio devices.

Equipment Use

- 1. If you are not familiar with the exercise equipment, ask the Athletic Director for assistance.
- 2. Use all the equipment as intended, and follow posted instructions.
- 3. Participants should consult with the Athletic Facility staff before starting a training program.
- 4. Equipment should not be removed from the Athletic Facility.
- 5. Please clean machines after use. Antibacterial wipes are provided in each room for this purpose.
- 6. Report defective equipment to the Athletic Director immediately.
- 7. Hanging on the basketball rims or nets is not permitted.
- 8. Treat equipment as if it were your own: with respect.